



4. Do you now have or have you ever had the following:

- |                        |  |  |  |
|------------------------|--|--|--|
| 1. Heart problems      | <input type="checkbox"/> Yes <input type="checkbox"/> No | 6. GI problems ulcer, hiatal hernia, gastritis | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 2. Lung problems       | <input type="checkbox"/> Yes <input type="checkbox"/> No | 7. Liver disease (hepatitis)                   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 3. Kidney problems     | <input type="checkbox"/> Yes <input type="checkbox"/> No | 8. Problems with blood (blood clotting)        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 4. High blood pressure | <input type="checkbox"/> Yes <input type="checkbox"/> No | 9. Any type of cancer                          | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 5. Diabetes            | <input type="checkbox"/> Yes <input type="checkbox"/> No | 10. Other                                      | <input type="checkbox"/> Yes <input type="checkbox"/> No |

5. Please list all surgeries you have had including the year they were performed: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. Have you ever had radiation therapy?  Yes  No  
Have you ever had chemotherapy?  Yes  No  
Please list the date(s) and the facility where you were treated: \_\_\_\_\_

7. Please list any medications that you are currently taking. List the name of the medication, the frequency and the dosage:  
\_\_\_\_\_  
\_\_\_\_\_

8. Are you allergic to any medications? Please list the name of the medication and the reactions caused by taking the medication:  
\_\_\_\_\_  
\_\_\_\_\_

9. Have you ever had a reaction to any dye given for a special test? If so, what was the test and what kind of reaction did you have?  
\_\_\_\_\_  
\_\_\_\_\_

10. Are you aware of an allergy to Latex or Iodine-based soap? \_\_\_\_\_

11. Do you use:  
A. Tobacco  Yes  No How much per day? \_\_\_\_\_  
B. Alcohol  Yes  No How much per day? \_\_\_\_\_  
C. Drugs  Yes  No How much per day? \_\_\_\_\_

12. Are you on a special diet? If so, please specify the type of diet. \_\_\_\_\_  
\_\_\_\_\_

13. How many hours of sleep per night do you get on average? \_\_\_\_\_ hours

14. Is there other information about yourself that you would like for us to know? \_\_\_\_\_  
\_\_\_\_\_

15. Has anyone in your immediate family had:  
A. High blood pressure  Yes  No If so who? \_\_\_\_\_  
B. Heart Disease  Yes  No If so who? \_\_\_\_\_  
C. Cancer  Yes  No If so who? \_\_\_\_\_  
D. Diabetes  Yes  No If so who? \_\_\_\_\_  
E. Asthma  Yes  No If so who? \_\_\_\_\_  
F. Stroke  Yes  No If so who? \_\_\_\_\_  
G. Seizures  Yes  No If so who? \_\_\_\_\_  
H. Migraine  Yes  No If so who? \_\_\_\_\_  
I. Other \_\_\_\_\_

16. Please provide the following information:

Mother: (if living):

Age: \_\_\_\_\_

Health status: \_\_\_\_\_

(if deceased):

At what age: \_\_\_\_\_

Cause of death: \_\_\_\_\_

Father: (if living):

Age: \_\_\_\_\_

Health status: \_\_\_\_\_

(if deceased):

Age: \_\_\_\_\_

Cause of death: \_\_\_\_\_

17. Do you have any living sibling? If so, how many?

18. If you have deceased siblings:

Sex                      Age at death

Cause of death

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

19. Do you have any living children?    Yes    No

If so, how many? \_\_\_\_\_

20. If you have deceased children.

Sex                      Age at death

Cause of death

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

20. REVIEW OF SYSTEMS: Are you **currently** experiencing any of the following symptoms? Please check yes or no. If you are not sure, please leave it blank.

<b>NO</b>	<b>Yes</b>	<b>GENERAL</b>
<input type="checkbox"/>	<input type="checkbox"/>	WEAKNESS
<input type="checkbox"/>	<input type="checkbox"/>	TIREDDNESS
<input type="checkbox"/>	<input type="checkbox"/>	LACK OF APPETITE
<input type="checkbox"/>	<input type="checkbox"/>	EXCESS APPETITE
<input type="checkbox"/>	<input type="checkbox"/>	WEIGHT LOSS
<input type="checkbox"/>	<input type="checkbox"/>	WEIGHT GAIN
<input type="checkbox"/>	<input type="checkbox"/>	CHILLS
<input type="checkbox"/>	<input type="checkbox"/>	FEVER
<input type="checkbox"/>	<input type="checkbox"/>	NIGHT SWEATS
<input type="checkbox"/>	<input type="checkbox"/>	DIFFICULTY SLEEPING

<b>NO</b>	<b>YES</b>	<b>EYES, EARS, NOSE, THROAT</b>
<input type="checkbox"/>	<input type="checkbox"/>	DECREASED ABILITY TO SEE
<input type="checkbox"/>	<input type="checkbox"/>	BLURRED VISION
<input type="checkbox"/>	<input type="checkbox"/>	SPOTS BEFORE YOUR EYES
<input type="checkbox"/>	<input type="checkbox"/>	PAIN IN THE EYES
<input type="checkbox"/>	<input type="checkbox"/>	DIFFICULTY IN HEARING
<input type="checkbox"/>	<input type="checkbox"/>	RINGING IN YOUR EARS
<input type="checkbox"/>	<input type="checkbox"/>	DISCHARGE FROM THE EARS
<input type="checkbox"/>	<input type="checkbox"/>	FREQUENT NASAL DISCHARGE
<input type="checkbox"/>	<input type="checkbox"/>	HOARSENESS

<b>NO</b>	<b>YES</b>	<b>RESPIRATORY</b>
<input type="checkbox"/>	<input type="checkbox"/>	COUGH
<input type="checkbox"/>	<input type="checkbox"/>	WHEEZING
<input type="checkbox"/>	<input type="checkbox"/>	ASTHMA
<input type="checkbox"/>	<input type="checkbox"/>	SHORTNESS OF BREATH AT REST
<input type="checkbox"/>	<input type="checkbox"/>	SHORTNESS OF BREATH WITH EXERTION

- | <b>NO</b>                | <b>YES</b>               | <b>CARDIOVASCULAR</b>                  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | CHEST PAIN, TIGHTNESS OR SQUEEZING     |
| <input type="checkbox"/> | <input type="checkbox"/> | SHORTNESS OF BREATH LYING DOWN         |
| <input type="checkbox"/> | <input type="checkbox"/> | NEED TO SIT UP TO BREATHE              |
| <input type="checkbox"/> | <input type="checkbox"/> | HEART RACING                           |
| <input type="checkbox"/> | <input type="checkbox"/> | IRREGULAR HEART BEAT (PALPITATIONS)    |
| <input type="checkbox"/> | <input type="checkbox"/> | HEART MUMUR                            |
| <input type="checkbox"/> | <input type="checkbox"/> | SWELLING OF THE LEGS                   |
| <input type="checkbox"/> | <input type="checkbox"/> | VARICOSE VEINS                         |
| <input type="checkbox"/> | <input type="checkbox"/> | LEG PAIN AT REST                       |
| <input type="checkbox"/> | <input type="checkbox"/> | LEG PAIN WITH EXERTION                 |
| <input type="checkbox"/> | <input type="checkbox"/> | BLUE/PURPLE DISCOLORATION OF HAND/FEET |

- | <b>NO</b>                | <b>YES</b>               | <b>GASTROINTESTINAL</b>    |
|--------------------------|--------------------------|----------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | NAUSEA                     |
| <input type="checkbox"/> | <input type="checkbox"/> | VOMITING                   |
| <input type="checkbox"/> | <input type="checkbox"/> | DIARRHEA                   |
| <input type="checkbox"/> | <input type="checkbox"/> | CONSTIPATION               |
| <input type="checkbox"/> | <input type="checkbox"/> | HEARTBURN                  |
| <input type="checkbox"/> | <input type="checkbox"/> | ABDOMINAL PAIN             |
| <input type="checkbox"/> | <input type="checkbox"/> | BRIGHT RED BLOOD IN STOOLS |
| <input type="checkbox"/> | <input type="checkbox"/> | BLACK STOOLS               |
| <input type="checkbox"/> | <input type="checkbox"/> | CHANGE IN BOWEL HABITS     |
| <input type="checkbox"/> | <input type="checkbox"/> | NEED FOR ANTACIDS          |

- | <b>NO</b>                | <b>YES</b>               | <b>URINARY</b>                     |
|--------------------------|--------------------------|------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | URINARY TRACT INFECTIONS           |
| <input type="checkbox"/> | <input type="checkbox"/> | PAIN OR BURNING ON URINATION       |
| <input type="checkbox"/> | <input type="checkbox"/> | FREQUENT URINATION-DAY             |
| <input type="checkbox"/> | <input type="checkbox"/> | FREQUENT URINATION-NIGHT           |
| <input type="checkbox"/> | <input type="checkbox"/> | UNUSUALLY LARGE VOLUMES OF URINE   |
| <input type="checkbox"/> | <input type="checkbox"/> | EXTREME URGES TO URINATE           |
| <input type="checkbox"/> | <input type="checkbox"/> | DIFFICULTY STARTING URINARY STREAM |
| <input type="checkbox"/> | <input type="checkbox"/> | DIFFICULTY STOPPING URINARY STREAM |
| <input type="checkbox"/> | <input type="checkbox"/> | KIDNEY STONES                      |

- | <b>NO</b>                | <b>YES</b>               | <b>GENITO-REPRODUCTIVE (MALE)</b>       |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | HISTORY OF SEXUALLY TRANSMITTED DISEASE |
| <input type="checkbox"/> | <input type="checkbox"/> | DISCHARGE FROM PENIS                    |
| <input type="checkbox"/> | <input type="checkbox"/> | TESTICULAR PAIN                         |
| <input type="checkbox"/> | <input type="checkbox"/> | LUMPS IN TESTICLES OR SCROTUM           |
| <input type="checkbox"/> | <input type="checkbox"/> | DECREASED SEXUAL DESIRE                 |
| <input type="checkbox"/> | <input type="checkbox"/> | DECREASED ABILITY TO ACHIEVE ERECTION   |

- | <b>NO</b>                | <b>YES</b>               | <b>GENITO-REPRODUCTIVE (FEMALE)</b>                |
|--------------------------|--------------------------|--|
| _____                    |                          | AGE OF ONSET OF MENSTRUAL PERIODS                  |
| _____                    |                          | AGE WHICH PERIODS STOPPED (MENOPAUSE)              |
| _____                    |                          | HOW <b>FAR APART</b> ARE YOUR PERIODS?             |
| _____                    |                          | HOW MANY DAYS DO THEY LAST?                        |
|                          |                          | IS FLOW, SCANTY OR NORMAL? (CIRCLE ONE)            |
| <input type="checkbox"/> | <input type="checkbox"/> | DO YOU EVER BLEED BETWEEN PERIODS?                 |
| _____                    |                          | WHEN WAS DATE OF YOUR LAST NORMAL PERIOD?          |
| _____                    |                          | WHEN WAS DATE OF THE LAST PERIOD BEFORE THAT?      |
| <input type="checkbox"/> | <input type="checkbox"/> | HAVE YOU HAD ANY SEXUALLY TRANSMITTED DISEASE?     |
| <input type="checkbox"/> | <input type="checkbox"/> | DO YOU HAVE DECREASED SEXUAL DRIVE?                |
| <input type="checkbox"/> | <input type="checkbox"/> | HAVE YOU HAD ANY VAGINAL BLEEDING SINCE MENOPAUSE? |
| <input type="checkbox"/> | <input type="checkbox"/> | ARE YOU BOTHERED BY HOT FLASHES?                   |
| <input type="checkbox"/> | <input type="checkbox"/> | ARE YOU TAKING ANY FEMALE HORMONES?                |

**NO YES MUSCULOSKELETAL**

- MUSCLE PAIN
- NECK PAIN
- SHOULDER OR ARM PAIN
- BACK PAIN
- PAIN DOWN YOUR LEGS
  - RIGHT SIDE  LEFT SIDE
- PAINFUL JOINTS
- SWELLING OF ANY JOINTS
- REDNESS OF ANY JOINTS
- STIFFNESS OF ANY JOINTS
- DEFORMITIES OF THE JOINTS OR EXTREMITIES

**NO YES ENDOCRINE**

- GOITER
- HEAT INTOLERANCE
- COLD INTOLERANCE
- TREMULOUSNESS OF THE HANDS
- CHANGE IN PITCH OF THE VOICE
- INCREASED BODY HAIR (FACE, UNDER ARMS, PUBIC)
- DECREASED BODY HAIR (FACE, UNDER ARMS, PUBIC)
- DECREASE IN BREAST SIZE
- LOSS OF PERIODS (DISREGARD IF FROM NORMAL MENOPAUSE)
- INCREASED THIRST
- INCREASED URINATION
- MARKED INCREASE IN APPETITE
- INCREASE IN BREAST SIZE

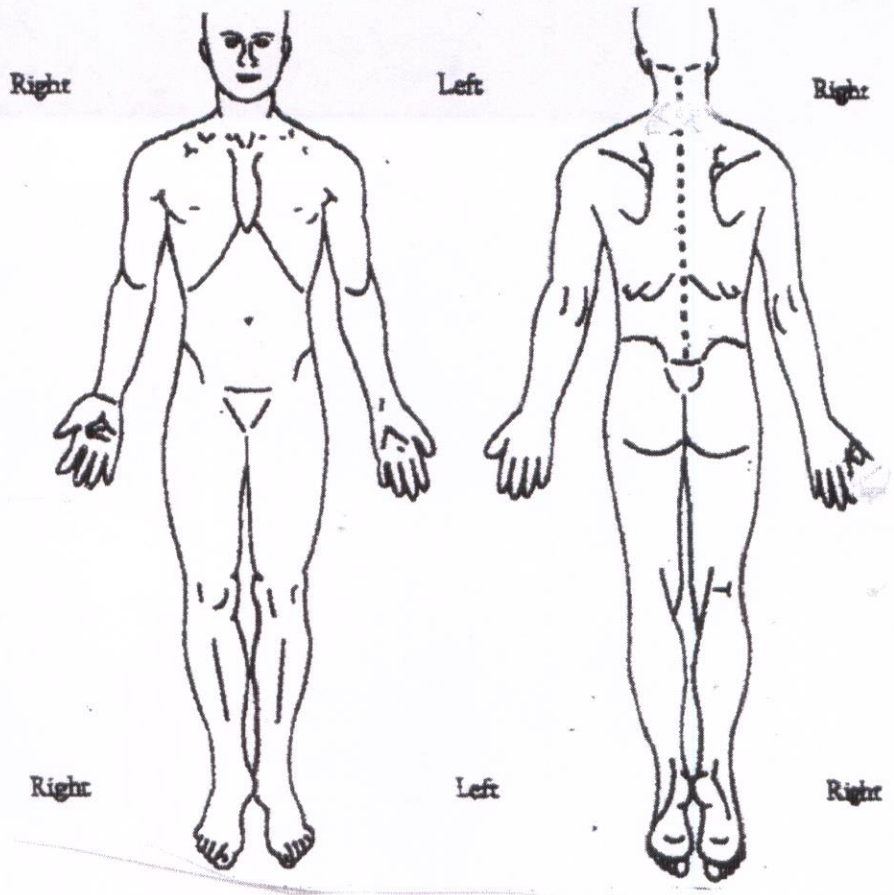
**NO YES NEUROLOGIC/PSYCHIATRIC**

- SEIZURES
- HEADACHE
- BLACKOUTS
- DIZZINESS
- DOUBLE VISION
- PARALYSIS OR WEAKNESS OF LIMB(S)
- LOSS OF SENSATION
- LOSS OF BALANCE
- LOSS OF COORDINATION
- DIFFICULTY IN SPEAKING
- NERVOUSNESS
- DEPRESSION
- DIFFICULTY IN GOING TO SLEEP
- EARLY MORNING AWAKENING
- DIFFICULTY WITH MEMORY FOR PAST EVENTS
- DIFFICULTY WITH MEMORY FOR RECENT EVENTS
- DIFFICULTY WITH THINKING OR PROBLEM SOLVING

**NO YES SKIN**

- DRYNESS OF SKIN
- ITCHING
- RASH
- CHANGE IN SKIN COLOR
- CHANGE IN TEXTURE OF HAIR
- CHANGE IN SKIN TEMPERATURE
- FALLING OUT OF THE HAIR
- NAIL CHANGES
- SKIN CANCER

Please complete the following:



Severity (if applicable)  
 \_\_\_\_\_ Constant  
 \_\_\_\_\_ Occasional  
 \_\_\_\_\_ Wakes you up  
 \_\_\_\_\_ Difficulty

Description  
 \_\_\_\_\_ Aches  
 \_\_\_\_\_ Throbs  
 \_\_\_\_\_ Burns  
 \_\_\_\_\_ Tingles  
 \_\_\_\_\_ Stabbing  
 \_\_\_\_\_ Numbness

Please indicate with an "X" or "O" on the above the location of your symptoms.  
 X= Pain  
 O= Numbness or tingling

Indicate current level of pain on the following scale:

No Pain 0 1 2 3 4 5 6 7 8 9 10 Intolerable

What makes your condition worse? \_\_\_\_\_  
 What helps your condition? \_\_\_\_\_  
 Other body parts affected: \_\_\_\_\_  
 Symptoms affected by: \_\_\_\_\_

What kind of effect do the following activities have on your symptoms?

	SITTING	STANDING	EXERCISE	REST
INCREASE				
DECREASE				